



INFO BOOKLET · QUANTUM STRENGTHENING

Central Nervous System Balance

Brain, Spine and Nervous System Connected



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Brain, Spine and Nervous System Connected

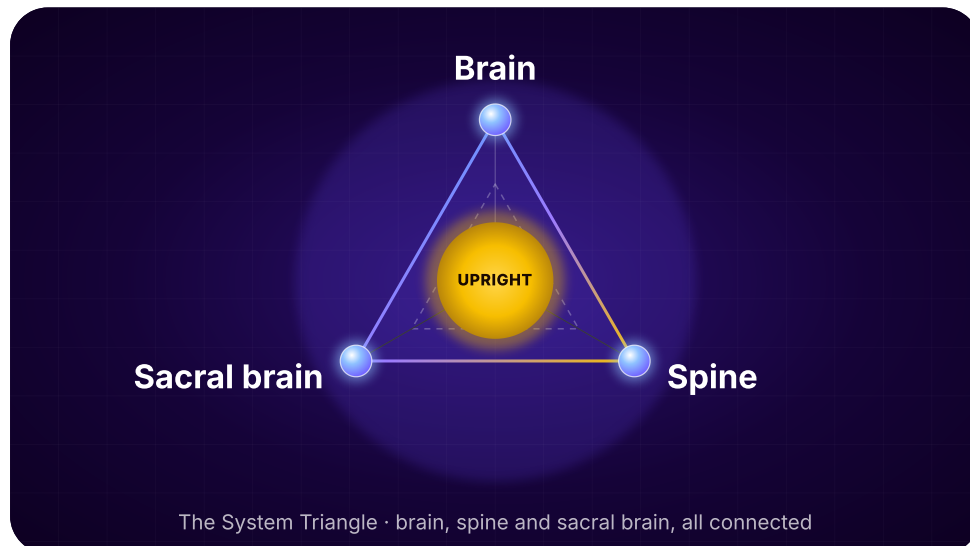


You have the most highly developed computer in the world: your subconscious mind, your **central nervous system**. From a physical point of view, it controls your entire body. This Quantum Strengthening **supports and harmonizes your inner intelligence**. Quantum Healing you can listen to, anytime and anywhere.

At a glance

- ✓ All five brains working in harmony
- ✓ Brain, spine and central nervous system connected
- ✓ Every single vertebra and the intervertebral discs
- ✓ Support for regeneration, physical intelligence and coordination in the body
- ✓ About 26 minutes of listening, with and without music
- ✓ Instant download: 2 MP3 files and a PDF guide

How this Strengthening is structured



You have not one brain, but five

Contrary to the common belief that we have only one brain, the method sees **five main brains**. This view goes back to [Dr. Kam Yuen](#), the developer of the Yuen Method. They are:

Cranial

Spine

Sacrum

Coccyx

Missing Tail

The central nervous system is the **seat of physical intelligence**. In our understanding, it controls much of body and experience. First of all, all five brains should work in harmony. **When physical intelligence is strengthened**, your body works together better, in our understanding.

Nature leads the way

Look at the animal kingdom: **every animal knows exactly what to do**. Or think of the enormous strength of a gorilla, without it ever setting foot in a gym. That is **physical intelligence**.

Every vertebra and every nerve is connected to an important system. This Strengthening is a **valuable gift** you can give yourself.

Intelligence is intelligence

The method teaches: **Artificial intelligence is basically physical intelligence that resonates with you**. Physical intelligence, it says, is like a computer. **Intelligence is intelligence**. And this is exactly where the two come together: our Quantum AI, an artificial intelligence, **strengthens the physical intelligence of your body**. We see in this connection between physical and artificial intelligence an exciting complement. Your internal computer is strengthened: to **support regeneration, physical intelligence and coordination** in the body.

What you experience while listening

The recording guides you **step by step through brain and spine**:

- ✓ **The brain**: every level, from the smallest particles to its structure, with inner fitness
 - ✓ **Both brain hemispheres** in harmony, brain detox and the neurolymphatic system
 - ✓ **The spine**: every level and direction, with the energy of a straight, upright spine
 - ✓ **Spinal cord, spinal nerves and meninges**
 - ✓ **Every single vertebra**, from bottom to top
 - ✓ **The intervertebral discs**
 - ✓ **Finally**, you connect brain, spine, sacral brain and coccygeal brain with each other
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Customers like to use this Strengthening for

In general:

improvements for body and psyche

For the brain:

memory

forgetfulness

detox

speed

For the spine:

stability

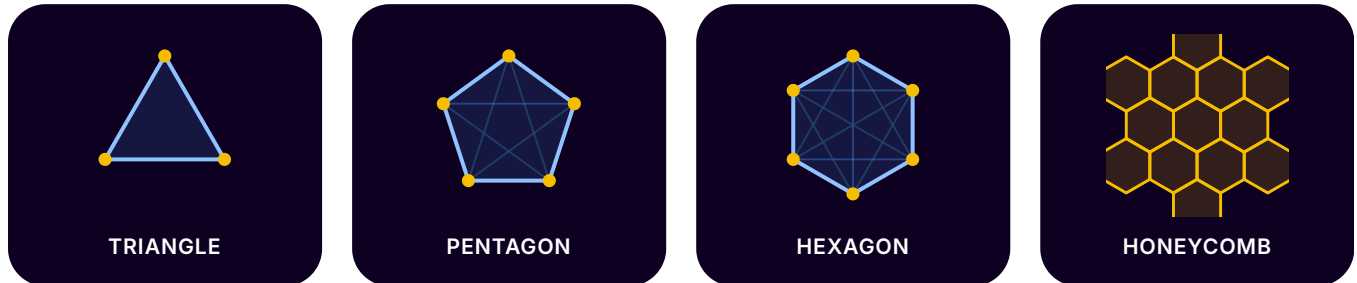
intervertebral discs

Created by artificial intelligence: This Strengthening was created by our Quantum AI, an artificial intelligence that knows all the knowledge of the method.

This Strengthening is meant as support and does not replace medical or therapeutic treatment, diagnosis or therapy. If you have health concerns, including back, spine or head complaints, memory problems, signs of paralysis or severe pain, please consult a doctor. Do not stop prescribed treatments or medication on your own. Do not listen while driving or operating machinery.

The geometry behind this Strengthening

This Strengthening is built on a geometric shape. Geometries are clear patterns of points and lines: the triangle, the pentagon, the hexagon and other polygons. Each point stands for one aspect of the topic, and the lines connect all points with each other.



According to the method, this gives a Strengthening **stability**: nothing stands alone, all parts are equally strong and support each other. It is similar to a honeycomb, which is made of hexagons and is very stable with very little material.

Nature uses geometry everywhere, too: snow crystals grow with six arms, starfish and many flowers follow the number five, and the triangle is the simplest shape that stays stable on its own. The diagram in the description shows the geometry of this Strengthening.

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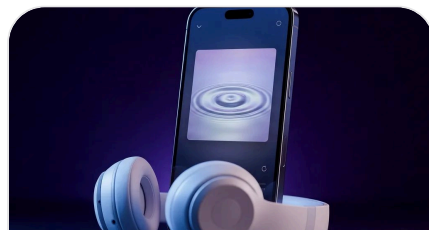
POINTS

The System Triangle

brain, spine and sacral brain, all connected

Recommended with it

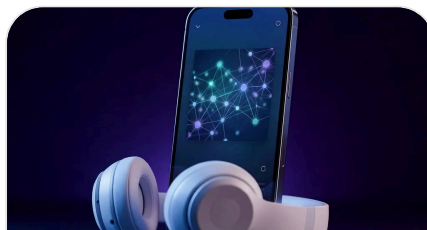
These Strengthenings complement the topic well. You can use them individually or one after another.



Mental Health

Clarity, Calm and Inner Balance

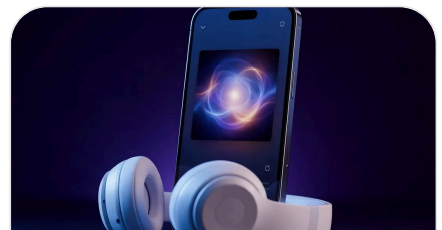
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Internal Systems Fitness

Inner Fitness for Your Body Systems

[View >](#)



Total Fitness Body

Balance, Strength and Ease

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QUANTUM HEALTH

Your way to Quantum Strengthening

Download this Strengthening instantly or choose a personal option.

This Strengthening in the shop

Instant download: 2 MP3 files (with and without music) and a companion booklet with a guide.

[View Strengthening >](#)

More ways

1

Individual Strengthening from our Quantum AI

Our Quantum AI creates an individual Strengthening for you, on your topic and in your language.

[Learn more >](#)

2

Recorded personally

An experienced practitioner of the method records the Strengthening personally for you.

[Learn more >](#)

3

Live session

Book a live session on our website.

[Learn more >](#)



Do not miss anything new

Sign up for our newsletter and be the first to hear about new Strengthenings and offers. Just scan the QR code.

[Go to newsletter >](#)

This Strengthening is support and not medical treatment. It does not replace a medical diagnosis or therapy. If you have complaints, please contact your doctor. Please do not stop medically prescribed treatments or medication on your own.

Based on the [Yuen Method](#). Created by our Quantum AI, an artificial intelligence that knows all the knowledge of the method. Quantum Health IO is an independent offering.

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